

## **EBCC Gym Schedule**

## October 1st-9th

|         | Monday                    | Tue  | sday                 | Wednesday                             | Thursday                            | Friday                                   | Saturday                   | Sunday                                  |
|---------|---------------------------|--|----------------------|---------------------------------------|-------------------------------------|--|----------------------------|---|
| 5:30am  |                           | City of<br>Boulder<br>Employee<br>Health Fair<br>5:00-4:00 |                      | <b>Open Gym</b> 5:30-7:00             | Open Gym                            | <b>Open Gym</b> 5:30-10:00               |                            |   |
| 6:00am  | <b>Open Gym</b> 5:30-7:00 |  |                      |                                       | 5:30-6:30                           |  |                            |   |
| 6:30am  | 3.30-7.00                 |  |                      |                                       | <b>BootCamp</b> 6:30-7:30           |  |                            |   |
| 7:00am  | BootCamp                  |  |                      | BootCamp                              |                                     |  |                            |   |
| 7:30am  | 7:00-8:00                 |  |                      | 7:00-8:00                             | Open Gym                            |  | Open Gym                   |   |
| 8:00am  | Open Gym                  |  |                      | Open Gym                              | 7:30-8:30                           |  | Drop-in                    |   |
| 8:30am  | 8:00-9:00                 |  |                      | 8:00-9:00                             | Drop-in<br>Boulder Lift             |  | <b>Carve</b><br>8:00-9:00  |   |
| 9:00am  | Drop-in Boulder           |  |                      | Drop-in                               | 8:30-9:30                           |  | Drop-in                    |   |
| 9:30am  | Lift 9:00-10:00           |  |                      | Boulder Lift<br>9:00-10:00            |                                     |  | <b>Carve</b><br>9:00-10:00 |   |
| 10:00am | Open Gym                  |  |                      | Open Gym                              | <b>Open Gym</b><br>9:30-4:00        | EXPAND                                   | 0                          | <b>Open Gym</b><br>8:30-2:00            |
| 10:30am | 10:00-11:00               |  |                      |                                       |                                     | Friday Fun                               |                            |   |
| 11:00am |                           |  |                      |                                       |                                     | 10:00-11:30                              |                            |   |
| 11:30am | Drop-in                   |  |                      |                                       |                                     |  |                            |   |
| 12:00pm | Pickleball 11:00-1:00     |  |                      |                                       |                                     | Drop-in<br>Pickleball                    |                            |   |
| 12:30pm | 11.00 1.00                |  |                      |                                       |                                     |  |                            |   |
| 1:00pm  |                           |  |                      | 10:00-4:00                            | 3.30-4.00                           | 11:30-1:30                               |                            |   |
| 1:30pm  |                           |  |                      |                                       |                                     | Open Gym                                 |                            |   |
| 2:00pm  | Drop-in<br>Senior         |  |                      |                                       |                                     | Drop-in<br>Senior<br>Vball 1:30-<br>3:30 | 10:00-6:00                 |   |
| 2:30pm  | <b>Vball 1:30-</b> 3:30   |  |                      |                                       |                                     |  |                            | Drop-in<br>Pickleball                   |
| 3:00pm  |                           |  |                      |                                       |                                     |  | 2:00-4:00                  |   |
| 3:30pm  | 0                         |  |                      |                                       |                                     |  |                            | _,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, |
| 4:00pm  | Open Gym<br>1:00-5:00     | Expand<br>4:00-6:30  | Open<br>Gym<br>4:00- | Open House<br>Activities<br>4:00-6:30 | Expand<br>Vball 4:00-<br>5:30       | <b>Open Gym</b><br>3:30-7:00             |                            |   |
| 4:30pm  | 1.00 3.00                 |  |                      |                                       |                                     |  |                            |   |
| 5:00pm  |                           |  |                      |                                       |                                     |  |                            |   |
| 5:30pm  |                           |  |                      |                                       |                                     |  |                            | Open Gym                                |
| 6:00pm  |                           |  | 6:30                 |                                       |                                     |  |                            | 4:00-8:00                               |
| 6:30pm  | Special Event             |  |                      |                                       |                                     |  |                            |   |
| 7:00pm  | Set-up                    | Volleyball<br>League<br>6:30-8:30<br>Open Gym<br>9:00-9:30 |                      | Volleyball<br>League<br>6:30-10:00    | Volleyball<br>Leagues<br>5:30-10:00 | Drop-in<br>Co-Ed Vball<br>7:00-9:15      |                            |   |
| 7:30pm  | 5:00-10:00                |  |                      |                                       |                                     |  |                            |   |
| 8:00pm  |                           |  |                      |                                       |                                     |  |                            |   |
| 8:30pm  |                           |  |                      |                                       |                                     |  |                            |   |
| 9:00pm  |                           |  |                      |                                       |                                     |  |                            |   |
| 9:30pm  |                           |  |                      |                                       |                                     |  |                            |   |